

KIDCO Express

November, 2019

ACTIVITIES

November 4

- Teacher Planning Day – HS/EHS closed
- EHS Training – Creative Curriculum Bilingual Training
9:00 a.m. – 12:00 p.m. at Martin Luther King, Jr. Center

November 5

- 3:00pm – The Power of Positive Training by Parent Club – KIDCO IV

November 6

- 3:00pm – The Power of Positive Training by Parent Club – KIDCO VII
- "From Farm to Market" theme – Children create a working farm

November 7

- 3:00pm – "Self Care for Parents and How this Influences Parenting Practices" training – KIDCO II

November 8

- Creation of the "We Are Thank for..." Tree at each site.



November 11

- Veteran's Day – All Centers Closed

November 12

- 2:30pm - Parent Committee Meeting – KIDCO IV
- 3:00pm - Parent Committee Meeting – KIDCO II
- 3:30pm - Parent Committee Meeting – KIDCO VII
- 3:00pm - "Raising a Confident Child" by Parent Club – KIDCO IV
- 3:00pm - "Self-Care for Parents and How this Influences Parenting Practices" training – KIDCO VI

November 12 – 15

- Celebration of the Invention of the X-Ray – Children create a life-size human body X-Ray for display in the science area

November 13

- 3:00pm – Raising a Confident Child by Parent Club – KIDCO VII
- 3:00pm – Parent Committee Meeting – KIDCO VI
- "From Farm to Market" theme – Children plant a "root vegetable" garden - "sweet potatoes"

November 14

- 3:00pm – Parent Committee Meeting – KIDCO V
- 3:00pm - "Self-Care for Parents and How this Influences Parenting Practices" training – KIDCO VII

November 15

- 3:00pm - "Self-Care for Parents and How this Influences Parenting Practices" training – KIDCO IV

November 18

- 3:00pm – Raising a Resilient Child by Parent Club – KIDCO VII
- Native American Head Dress Day

November 19

- 3:00pm – Raising a Resilient Child by Parent Club – KIDCO IV

November 20

- "From Farm to Market" theme – Children will create a working a "Farmer's Market"

November 21

- 3:00pm - "Self-Care for Parents and How this Influences Parenting Practices" training – KIDCO V
- Policy Committee Meeting – KIDCO VII

November 22

- "Mom and Dad Read" Literacy Activity and Workshop – All KIDCO

November 26

- Children's Thanksgiving Story Presentation – 8:45am at all centers
Parents are invited to attend!

November 27

- Teacher Planning Day – HS/EHS Closed
- 9:00am – 12:00pm EHS – "Creating a Responsive Environment"
- 9:00am – 1:00pm - HS Training – SEEDS Training at YWCA Gerry Sweet



November 28-29

- Thanksgiving Day – All Centers Closed

NOVEMBER'S BIRTHDAYS

Midalia Leal	November 7
Liatulis Bahoque	November 9
Regina Navarro	November 13
Diana Fernández	November 14
Hilda Riano	November 18
Liset Pedroza	November 21
Ivís Maldonado	November 24
Janine Brodie	November 27

PARENTS' CORNER



FALL SEASON

The season of fall, when the days are shorter and the nights are longer, may not be the perfect time to go to the park or engage in outdoor activities when school is out. However, it is a great time to plan fun activities around the kitchen table at home with the family. Children are most excited when creating arts and crafts projects that involve hands-on experiences with many different types of materials. So when you wish to keep them entertained and grounded with something to keep them from going outside the house, just try engaging them in fun fall activities like the ones listed below.

Making Fall Wreaths:

- Children will enjoy making beautiful fall wreaths with materials that are not hazardous and are readily available in craft stores.
- Children can make fruit wreaths by using 8" doilies, cutting pictures of fruit, using fruit stickers and gluing these to green construction paper the children will use to make the leaves.
- Children can make leaf wreaths by collecting different kinds of leaves and different color leaves.
- The children can cut the middle portion of the paper plates and glue the leaves on and the parents can help the children make beautiful bows for the wreaths.
- Children can make feather wreaths by using different size and color feathers, cutting the middle portion of the paper plate and let the children glue on the different feathers.
- These beautiful children-made wreaths can become a priceless keepsake to hang on walls and doors.

Remember to make these activities a family activity. Sit your child and enjoy every minute of the activity. Not only will the children enjoy it but it will also enhance their creativity and imagination.

EVENTS

Children Museum of Miami – 3rd Friday of each month

History Museum of Miami – 2nd Saturday of each month

FREE ADMISSION

NUTRITION

Pumpkin Pie Dip

Ingredients/Supplies:

- 6 oz. vanilla Greek yogurt
- 2 tbsp. whipped cream cheese
- 1/2 cup canned pumpkin
- 1 tsp. pumpkin pie spice
- 1 Tablespoon honey
- Mixing bowl, measuring cup, measuring spoons, spoon

Directions:

- Clean work surface and hands
- Mix ingredients well
- Serve with an assortment of colorful fresh cut-up fruit.

Servings: 6 (approx. 1/4 cup each)

Nutritional information per 1/4 cup serving: 55 calories, 3 grams protein, 8 grams carbohydrate, 1-gram fat, 1 gram fiber, 34 milligrams sodium

KIDCO Creative Learning (305) 576-6990

